

# Three Rivers Figure Skating Club

## May, 2010 News Letter



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## Senior Skater Spotlights

Here is a look at a few of our High School Seniors. Congratulations on your achievements and good luck as you start the next phase of your lives!

### Jessica Freemark

**Age:** 18

**Years skating:** 13

**Number of Ice Shows:** 9, including FSC of Mpls Ice Shows

**High school:** Maple Grove Senior High

**Competitions:** Duluth , St. Cloud, Roseville, Maplewood, Star of the North Brooklyn Park, St. Paul, and Minneapolis, and many regional and Midwestern Synchro competitions

**Other Interests:** Singing, Member of Maple Grove Harmony Chorale, Maple Brook Soccer through Junior year, Teaching at Brooklyn Park Skating School and Nanny

**College Plans:** Attending Bemidji State University in the fall with possible Elementary Ed Major and involvement in music program. Hoping to skate some at the local club



### Kaylyn Milton

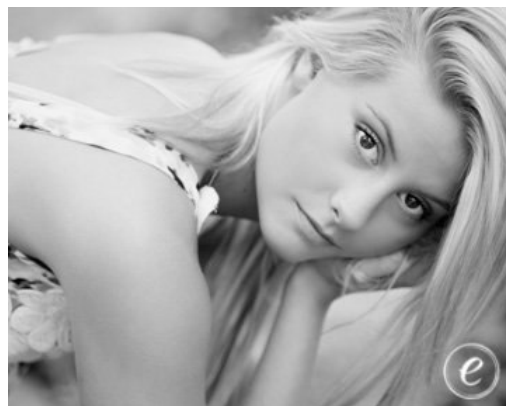
**Started skating:** at 5 years old

**Coach:** Patti Itzin

**Current level:** Intermediate

**High school:** Maple Grove Senior High

**School attending:** University of Minnesota Duluth



There are so many good memories from skating, but all of my strongest memories come from each of the ice shows. Being able to perform in front of an audience is a huge thrill especially when sharing the ice with the people I'm closest with, both friends and family. From figure skating I've gained so many close friends that I know I will never lose. It's great that no matter how different each of us is when we're not at the rink, we can all come together for the common interest in skating and create a close bond.



**Anna Rozek**

**Years skating:** 12

**Number of ice shows:** 11

**Competitions I've been in:** Duluth, Brooklyn Park, Maplewood, St. Cloud, Farmington, Braemar, St. Paul, MN State

**Current School:** Champlin Park High School

**Plan for next year:** I'm going to Winona to study to be a Physical Therapist

**Favorite Skating Memory:** Getting first at my first competition and all the ice shows!



**Rebecca Zwonitzer**

**Age:** 18

**Years Skating:** 12

**Number of Ice Shows:** 8

**Current School:** Maple Grove Senior High.

**Other Interests:** Tennis, and Coaching Skating.



**Next Year:** I will be attending the University of Minnesota Duluth, Labovitz School of Business and Economics, in the fall of 2010.

**Favorite quote:** "Enjoy the simple things in life."

**Favorite skater:** Sasha Cohen



## **Brianna Roach**

**Age:** 17

**Years Skating:** 13

**Number of Ice Shows she's been in:** 12

**Competitions over the years:** Duluth, St Cloud, Braemar, Eau Claire (WI), Roseville, Maplewood, Star of the North, and MN State (Rochester).

**Current School:** Park Center High School

**Other Interests:** Cheerleading

**Future:** Attending the University of Minnesota beginning in the fall of 2010 with a focus on Physical Therapy/Occupational Therapy, and will try out for the U of M Hockey Cheerleading team.

**Favorite Quote:** "Grab Life by the Horns"

**Favorite Song:** Bullet Proof, by La Roux

**Favorite Skater:** Evan Lysacek

**Favorite Jump:** Double Toe Loop



## **Upcoming Dates (details below):**

### **Deadlines for Braemar, Skate St. Paul Competitions TRFSC Test Session – June 5**

## **Volunteer Opportunities:**

**Judges' Hospitality – Filled.** Thanks to Jean Milton, our new Judges' Hospitality chair. Many thanks to Jeannette Hill, our previous Judges' Hospitality chair, for her hard work and delicious offerings to our Judges and Coaches at Skate in the Park and TRFSC test sessions.

**Spring Flower Baskets – Filled.** Judy Rozek has provided countless hours of service on this annual fundraiser and now hands the reins to Connie Mattson. Thanks to both of you!

**PR Chair – Open.** We need someone to make sure our activities and competition results are submitted to the local area papers.

**Summer Parade Coordinator – Filled.** Thanks to Connie Mattson for organizing the Father Hennepin and Tater Daze entries! Please contact her ASAP ([mattson3801@comcast.net](mailto:mattson3801@comcast.net)) to let her know your skater will be walking or rollerblading! More details to follow from Connie!

## **Fundraising:**

Our fundraising Chair is Lori Nelson. We are looking for more volunteers to assist Lori with specific fundraising events– if you are interested and can help, please contact Lori at [lori.nelson@comcast.net](mailto:lori.nelson@comcast.net). We are also looking for new fundraising ideas, so please do not hesitate to share your ideas.

## **On-Going Opportunities:**

**Food Perspectives – Taste Testing –** Members have earned over **\$850** by participating in a taste test, while the club has earned \$300. Learn more how you can get in on this great opportunity too. Contact Alicja Nelson – 763-421-7607 or [creekviewacm@earthlink.net](mailto:creekviewacm@earthlink.net) or check out the Food Perspectives website [www.foodperspectives.com](http://www.foodperspectives.com) and register online. It's a fun easy way to make some extra money! Children are often needed for the sessions as well. And your friends, neighbors, co-workers and family are welcome to join as well. Let them know how to earn some extra money while supporting the club. It is a win-win!

## **Recent Fundraising Results**

**Cub Bagging:** \$362. Thank you to all the volunteers that helped to make this a success.

## **Member Activities & Info:**

The annual TRFSC Banquet and Membership meeting was Thursday, Apr 22!  
Congratulations to all the skaters on their awards!

**Twitter:** Text “follow trfsc” to #40404 and you will receive a text when upcoming reminders are sent.

**Facebook:** TRFSC is now on Facebook! Become a fan!

<http://www.facebook.com/pages/Three-Rivers-Figure-Skating-Club/201363401656?v=wall#>!

Here is this week's summary for the Facebook Page: Three Rivers Figure Skating Club



0 Fans this week (123 total Fans)  
0 Wall Posts, Comments, and Likes this week (0 last week)  
32 visits to your page this week(37 visits last week)

### **Club Merchandise:**

We still have several Tie Dyed TRFSC T-Shirts available for \$12.00 and in stock. Contact Lyn Thayer at [lynthayer@comcast.net](mailto:lynthayer@comcast.net)

Navy Hooded Sweatshirt \* can be ordered through Lyn Thayer at [lynthayer@comcast.net](mailto:lynthayer@comcast.net)

Club warm up Jacket \* and pants can be ordered through Patti Itzin at [Patti@itzin.com](mailto:Patti@itzin.com)

\* Order dates TBD by Lyn and Patti based on order requirements

### **Upcoming Competitions:**

Braemar McCandless – June 25-26, **entry deadline May 14**

Skate St. Paul – July 16-18, **entry deadline May 15**

Robin Lee – July 30-Aug 1, entry deadline June 15

2011 MN State Championships – Aug 20-22, entry deadline July 2

### **Upcoming Testing Sessions:**

Full schedule at <http://www.tcfsa.org/Calendar2010.pdf>

Saturday, June 5 – 9:30 AM - 2:00 PM – Next TRFSC test session

### **Locker Room:**

We are very fortunate as a club to have our own club room right outside our contracted ice. As a club this room should reflect the same pride we aspire for on the ice. We expect each skater to keep this room clean. **Parents please remind your skaters** before leaving the room they should put any wrappers, empty bottles, food, and garbage in the can by the door. Any clothing and other personal items that are left behind should be put in the lost and found basket under the table. If a skater notices someone leaving something behind, please help each other by reminding them as they leave whether it is personal item or garbage. This is a space we should be proud of and take care to keep it clean.

Please let the Board know if you have any questions by talking to them directly or via email. See the [Our Board](#) page on our website to email our members. Thank you.



### **Coaching Information:**

As the skill level continues to increase through the US Figure Skating: Skate with U.S. Program, many skaters supplement their group lessons with private lesson instruction. Our coaches can help your skater reach their full potential. Below is a list of the Three Rivers Figure Skating Club's Home Club Staff Professionals.

Please feel free to give them a call and start your skater on their path to success!

**Cassie Joyce**  
**(763) 493-8352**  
**cm\_joyce@yahoo.com**

**Patti Itzin**  
**(763) 566-4094**  
**Patti@itzin.com**

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**tenq0004@umn.edu**

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