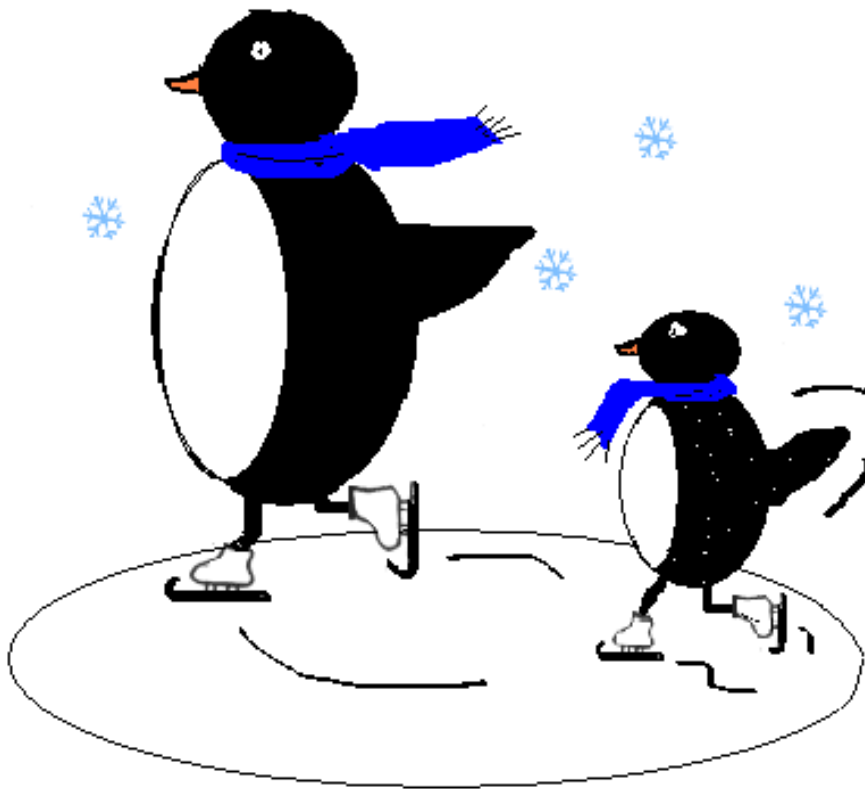


"Skate In The Park 2012"



A U.S. Figure Skating
Competition

Sunday, February 26, 2012
Brooklyn Park Community Activity Center

ONLINE REGISTRATION!

Check it out at threeriversfsc.org.

Sponsored by the Three Rivers Figure Skating Club
Sanctioned by U.S. Figure Skating
Referee: Jennifer Marker Johnson
5600 – 85th Avenue North, Brooklyn Park, MN

ELIGIBILITY – The competition is open to ALL skaters that are Juvenile Freestyle and below, who are currently eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating and a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries.

All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at highest level passed. Skaters in other events may skate at highest level passed OR one level higher BUT not less than highest level passed. Skaters must compete at the same level in compulsory and free skate, if entering both events. Entering a second event is optional.

Due to U.S. Figure Skating sanction, the Pre-Juvenile restriction for Basic Skills does not apply.

ENTRIES AND FEES – Both online and mail in (paper form) entries will be accepted. Entries may be limited to the first 150 applications received. Entry fees are per person, U.S. dollars. The first event is \$45.00 and each additional event is \$20.00.

ONLINE ENTRY

Register online at www.threeriversfsc.org and pay via a **secured credit card transaction (A 3.8% processing fee applies)**. Simply follow the Skate in the Park links at www.threeriversfsc.org and use the link to register for the competition and pay with a credit card (VISA, MASTERCARD, and DISCOVER only please). Secure **online entry must be COMPLETED by midnight on Wednesday, January 18, 2012**

MAIL IN (paper forms) ENTRY

Mail in entries must be postmarked no later than **Wednesday, January 18, 2012**. There will be an additional \$5 fee for mail in forms. Mail in entry forms can be found at threeriversfsc.org. MAIL CHECKS AND PAPER ENTRY FORMS TO:

**Three Rivers FSC
c/o Karen Walters
6100 Neddersen Pkwy N
Brooklyn Park, MN 55443-1696**

ONLINE & MAIL IN ENTRIES postmarked after January 18, 2012 will be considered late, and will be accepted at the discretion of the Chief Referee. Late entries will be assessed a \$25.00 late fee. The competition committee reserves the right to limit entries in any event or to cancel an event. Entry fees will only be refunded in accordance with refund policy below.

Notification of competition and practice ice times will be available at threeriversfsc.org and will NOT be available by phone, mail, or e-mail. Skater and Coaches schedules will be available via the web at threeriversfsc.org.

Special Note

When using the online registration, it is the skaters' and coaches' responsibility to verify that the skater has entered the correct event and level. Event changes or additions to entries made after an application has been submitted may be assessed a \$25 charge/add fee. Please also check the website, threeriversfsc.org for any possible changes or corrections to this application.

REFUND POLICY – Full refunds including practice ice, **minus the online processing fee**, if registration took place online, are available if withdrawal is prior to January 18, 2012. After January 18, 2012 entry refunds are only available if the competition is not held or there is a death in the competitor's immediate family. There will be NO medical refunds given. All refunds will be handled in the same order as paid with credit cards, **minus the online processing fee**, and check or cash payment will be refund via club check. Please contact Karen Walters at kwalters@lifetouch.com for refund information. **If you register online, the processing fee is not refundable for any reason.**

Persons using checks without sufficient funds will be charged an additional \$25.00 fee per check. All further payments must be made by cash, money order, or certified funds. Skaters will not be allowed to practice or compete until all such debts are satisfied.

AWARDS – Everyone will receive an award. All events will be final rounds. Trophies will be awarded to first, second, and third places in Freestyle events. ALL other places and events will receive medals. ALL awards will be made at appropriate times throughout the competition.

PHOTOGRAPHS & VIDEOGRAPHY – Photographs and videos will be available for purchase.

SCHEDULE OF EVENTS – Will be available online at threeiversfsc.org no later than February 18, 2012.

PRACTICE ICE – Practice ice will be sold in advance of the event for \$10 per 20 minute session. Information on purchasing practice ice will be included online at threeiversfsc.org and can be purchased online via online registration process. Any remaining ice will be sold the day of the event for \$12 per 20 minute session. Practice sessions will be sold on a first come first served basis and will be limited to 20 skaters per session.

MUSIC – The music for all free skating programs must be provided on **CDs only** by the skater. No cassette tapes will be accepted. CDs should be clearly marked with the name of the skater, event entered and length of music. Competition music must be turned in at the time of registration the day of the event. Time duration is always ± 10 seconds. CDR-RW's will not be accepted. Please remember to pick up your music prior to leaving event. Three Rivers Figure Skating Club is not responsible for unclaimed music CDs.

Skate in the Park 2012

BASIC SKILLS COMPETITION ENTRY FORM

REGISTER ONLINE AT THREERIVERSFSC.ORG *or* complete the paper form and mail in.

Name _____ Birthdate _____ Gender _____

Address _____ City _____

State _____ Zip _____ Email Address _____

Area Code/Phone # _____ U.S. Figure Skating # _____ Highest Level Passed _____

Program/Club Affiliation _____

Director's/Instructor's Name _____

Please check the event(s) you are entering (if entering two events, both must be skated at the same level):

Basic Skills		Free Skate 1-6	
COMPULSORY	FREE SKATE	COMPULSORY	FREE SKATE
___ Snowplow Sam	___ Snowplow Sam	___ Free Skate 1	___ Free Skate 1
___ Basic 1	___ Basic 1	___ Free Skate 2	___ Free Skate 2
___ Basic 2	___ Basic 2	___ Free Skate 3	___ Free Skate 3
___ Basic 3	___ Basic 3	___ Free Skate 4	___ Free Skate 4
___ Basic 4	___ Basic 4	___ Free Skate 5	___ Free Skate 5
___ Basic 5	___ Basic 5	___ Free Skate 6	___ Free Skate 6
___ Basic 6	___ Basic 6		
___ Basic 7	___ Basic 7		
___ Basic 8	___ Basic 8		

Test Track		Well Balanced	
COMPULSORY	FREE SKATE	COMPULSORY	FREE SKATE
___ Limited Beginner	___ Limited Beginner	___ No Test	___ No Test
___ Beginner	___ Beginner	___ Pre-Preliminary	___ Pre-Preliminary
___ Pre-Preliminary	___ Pre-Preliminary	___ Preliminary	___ Preliminary
___ Preliminary	___ Preliminary	___ Pre-Juvenile/ Open Pre-Juvenile	___ Pre-Juvenile
___ Pre-Juvenile/ Open Pre-Juvenile	___ Pre-Juvenile/ Open Pre-Juvenile	___ Juvenile/ Open Juvenile	___ Open pre-Juvenile
___ Juvenile/ Open Juvenile	___ Juvenile/ Open Juvenile		___ Juvenile
			___ Open Juvenile
			___ Adult Pre-Bronze
			___ Adult Bronze

ENTRY FEE IS \$45.00 FOR FIRST EVENT, \$20.00 PER EACH ADDITIONAL EVENT

First Event \$ _____
Additional Event \$ _____
Addt. Mail in \$5 fee \$ _____
Total: \$ _____

The completed entry form, with fees, must be postmarked no later than January 18, 2012 (online registrations must be completed by midnight January 18, 2012).

Make check or money order payable to **Three Rivers FSC** and mail to: Three Rivers FSC
c/o Karen Walters
6100 Neddersen Pkwy N
Brooklyn Park, MN 55443-1696

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELED.

Skaters Messages and Practice Ice time can be purchased online.
For additional information call: Karen Walters at 952.826.4018.

SKATING SCHOOL DIRECTOR'S OR COACH'S CONSENT
(This is required for entry acceptance)

I certify that entry form information is correct and that this skater is eligible to compete at the level indicated on this form.

Name of Director or Coach (print): _____

Signature of Director or Coach: _____ Date: _____

Contact number for Director or Coach: _____

EMAIL (required): _____

Parent/Guardian Consent: I understand that this entry form must be postmarked by January 18, 2012, and in accordance with U.S. Figure Skating Rule Book CR. 10.09 entry fees are not refundable after the close of entries unless no competition exists in a particular event or division. Further, I will not hold liable Skate in the Park 2012, Three Rivers Figure Skating Club, Brooklyn Park Community Center, or US Figure Skating for any injury or loss incurred by my child or myself during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature _____ Date _____

SKATERS AFFILIATED WITH FIGURE SKATING CLUBS

_____ (Skaters Name) is a member in good standing with their home club and U.S. Figure Skating.

Officer's Signature: _____

Officer's Title: _____

RETURN WITH MAIL IN ENTRY FORM

BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

Format: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

<p><u>Snowplow Sam:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 4-6 consecutive - both directions 3. Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions 4. Side toe hop -either direction 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6-8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside three-turn - R & L 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot 3. Moving snowplow stop 4. Two foot turn in place- forward to backward 5. Backward two foot swizzles 6 - 8 in a row 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Backward one foot glide - either foot 4. Forward slalom 5. Two foot spin – minimum three revolutions 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns R & L 2. Waltz jump 3. Mazurka - either direction 4. 1 Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Standstill forward outside three-turn - R & L 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers 4-6 consecutive both directions 4. Backward stroking - 4-6 strokes 5. Backward snowplow stop - R or L 	

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p><u>Snowplow Sam:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward crossovers 4-6 consecutive in both directions 2. Basic one-foot spin – free leg held to side of spinning leg - minimum three revolutions 3. Side toe hop -either direction 4. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside three-turn - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place- forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside open Mohawk - R to L and L to R 2. Ballet Jump- either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Backward one foot glide – either foot 4. Forward slalom 5. Two foot spin – minimum three revolutions 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns R & L 2. Waltz jump 3. Mazurka in either direction 4. 1 Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward crossovers 4-6 consecutive both directions 2. Standstill forward outside three- turn - R & L 3. Backward stroking - 4-6 strokes 4. Backward snowplow stop - R or L 	

FREE SKATE 1-6 COMPULSORY EVENTS

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

<p><u>Free skate 1 Compulsory</u></p> <ol style="list-style-type: none"> 1. Advanced forward stroking - 4-6 consecutive 2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside 3. One-foot upright scratch spin from backward crossovers-minimum three revolutions 4. Waltz jump from backward crossovers 5. Half flip jump 	<p><u>Free skate 4 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward power 3's, 2-3 consecutive sets-R or L 2. Sit spin- minimum three revolutions 3. Loop jump 4. Waltz jump/loop jump
<p><u>Free skate 2 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward outside or inside spiral - R or L 2. Waltz Three's - R or L, 2-3 sets 3. Beginning back spin - entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump 	<p><u>Free skate 5 Compulsory</u></p> <ol style="list-style-type: none"> 1. Camel spin- minimum three revolutions 2. Forward upright spin to back upright spin- minimum three revolutions, each foot 3. Loop/loop jump 4. Flip jump
<p><u>Free skate 3 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4 - 6 consecutive 3. Back spin- minimum three revolutions 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop 	<p><u>Free skate 6 Compulsory</u></p> <ol style="list-style-type: none"> 1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6) 2. Camel, sit spin combination - minimum of four revolutions total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow combination 5. Lutz jump

FREE SKATE 1-6 FREE SKATE EVENTS

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Free skate 1 1. Advanced forward stroking 4-6 strokes 2. One-foot upright scratch spin from back crossovers- minimum three revolutions 3. Waltz jump from back crossovers 4. Half flip jump	Free skate 4 1. Forward power 3's, 2-3 consecutive R or L 2. Sit spin-minimum three revolutions 3. Loop jump 4. Waltz jump/loop jump
Free skate 2 1. Forward outside spiral R or L 2. Beginning back spin 3. Waltz jump, side toe hop, waltz jump 4. Toe loop	Free skate 5 1. Camel spin-minimum three revolutions 2. Forward upright spin to back upright spin- minimum three revolutions each foot 3. Loop/loop combination jump 4. Flip jump
Free skate 3 1. Forward crossovers in a figure 8 2. Back spin-minimum three revolutions 3. Salchow 4. Waltz jump/Toe loop or Salchow/toe loop	Free skate 6 1. Camel/sit spin combination-minimum four revolutions total 2. Split or stag jump 3. Waltz jump/1/2 loop /Salchow combination 4. Lutz jump

TEST TRACK: COMPULSORY EVENTS

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner Compulsory	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin, minimum three revolutions (free leg position optional) 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:15
Beginner Compulsory	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin- minimum three revolutions 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time:1:15
No Test Compulsory	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin- sit <u>or</u> camel spin - minimum three revolutions 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time:1:15
Pre-Preliminary Compulsory	<ol style="list-style-type: none"> 1. Flip jump 2. Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump 3. Solo spin- sit <u>or</u> camel spin - minimum three revolutions 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:15
Preliminary Compulsory	<ol style="list-style-type: none"> 1. Lutz jump 2. Single jump combination (may not use Lutz jump or Axel) 3. Camel spin- minimum three revolutions 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included. 	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:15

<p>Pre-Juvenile/ Open Pre-Juvenile</p>	<ol style="list-style-type: none"> 1. Single jump (no Axel) 2. Single/single combination (No Axel. Must be two different jumps, may not repeat #1 jump) 3. Combination spin – 1 change of position no change of foot 4. Forward spiral Power Pulls (forward or backward, one foot only) 	<p>Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than the pre-juvenile free skate test</p>	<p>Time :1:15</p>
<p>Juvenile/Open Juvenile</p>	<ol style="list-style-type: none"> 1. Backward Power 3's (1 circle) 2. Single Jump (Axel allowed) 3. Single/Single combination (Axel allowed, may not repeat jump #2) 4. Combination spin – 1 change of foot and no change of position Forward Spiral 	<p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than the juvenile free skate test</p>	<p>Time :1:15</p>

TEST TRACK: FREE SKATE EVENTS

Skater may enter EITHER the new test track free skate program or the well-balanced track free skate program but **NOT** both during the same nonqualifying competition. Competitors will skate to music of their choice, vocal music permitted. The 6.0 judging system will be used for all Test Track events.

Deductions WILL be taken for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
Limited Beginner Time: 1:30 +/- 10	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front). Max 2 jump sequences Max 2 of any same jump	Max 2 spins: Two upright spins, no change of foot, no flying entry (min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Beginner Time: 1:30 +/- 10	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop). Single rotation jumps: Salchow and toe loop only. Max 2 jump combinations or sequences Max 2 of any same type jump	Max 2 spins: Two upright spins, change of foot optional, no flying entry (min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Pre-Preliminary Test Time: 1:30 +/- 10	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop). Single rotation jumps: Salchow, toe loop and loop only. Max 2 jump combinations or sequences Max 2 of any same type jump	Max 2 spins: Two spins of a different nature one position only, no change of foot , no flying entry (min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary Test Time: 1:30 +/- 10	Max 5 jump elements: Jumps with not more than one rotation (no Axels) Max 2 jump combinations or sequences Max 2 of any same type jump	Max 2 spins: One spin in one position, no change of foot, no flying entry (Min 3 revs) and One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile Test Time: 2:00 +/- 10	Max 5 jump elements: Jumps with not more than one rotation (no Axels) Max 2 jump combinations or sequences Max 2 of any same type jump	Max 2 spins: One spin in one position, no change of foot (Min 3 revs) and One combination spin; forward camel spin to forward sit spin, change of foot optional (Min 6 revs combined in forward sit and camel positions). Spins may not fly	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than the pre-juvenile free skate test

<p>Juvenile Test</p> <p>Time: 2:15 +/- 10</p>	<p>Max 5 jump elements: Any single jumps with not more than 1 ½ rotations (Axel permitted) Max 2 jump combinations or sequences Max 2 of any same type jump</p>	<p>Max 2 spins: One spin in one position, no change of foot (Min 4 revs in position) and One combination spin with one change of foot and at least one change of positions must include two of the basic spin positions, (Min 4 revs on each foot) Only solo spin may fly</p>	<p>Connecting moves and steps should be demonstrated throughout the program.</p>	<p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than the juvenile free skate test</p>
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WELL BALANCED PROGRAMS: COMPULSORY EVENTS

- Skating order of the required elements is optional. They will be performed in a program.
- No Music
- Time limitation is 1:15 minute maximum for all levels

LEVEL	ELEMENTS	QUALIFICATIONS
NO TEST ½ Sheet Ice	1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel jump) 3. Solo spin - sit or camel - minimum three revolutions 4. Spiral sequence - must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.	Skaters have passed no U.S. Figure Skating Free Skating Tests
PRE-PRELIMINARY ½ Sheet Ice	1. Single jump. 2. Single/single combination (Axel allowed, may not repeat #1 jump). 3. Sit spin. 4. Spiral Sequence – must include a forward and backward spiral. Additional spirals and balance moves may be included.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
PRELIMINARY ½ Sheet Ice	1. Lutz jump 2. Single/single combination (Axel allowed, may not repeat #1 jump). 3. Camel spin. 4. Spiral sequence = 1 forward and 1 backward. 5. Forward Power 3's (right or left).	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
PRE-JUVENILE/OPEN PRE-JUVENILE ½ Sheet Ice	1. Single jump (may include axel). 2. Single/single or double/single combination jump (may include axel). 3. Combination spin – 1 change of foot minimum six total revolutions. 4. Forward spiral. 5. Power Pulls (forward or backward, one foot only).	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than the pre-juvenile free skate test
JUVENILE/OPEN JUVENILE Full Sheet Ice	1. Axel. 2. Single/single, single/double or double/single combination jump. 3. Combination spin – one change of foot and one change of position. 4. Backward Spiral. 5. Backward Power 3's – one circle, either direction.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than the juvenile free skate test

WELL BALANCED PROGRAMS: FREE SKATE EVENTS

Deductions will be taken if elements from a higher level are skated in a program.

Elements may be skated in any order and with no restrictions on number of repetitions.

Connecting steps and elements from a previous level may be used to create a well-rounded program.

Level/Required Moves	Ice Size/Time
<p><u>NO TEST</u> Have passed no U.S. Figure Skating Free Skating Tests. See 2012 Official U.S. Figure Skating Rulebook – Rules of Sport – Rule 4280</p>	1.0 Minute – 1.5 Minute Max. Full ice
<p><u>PRE-PRELIMINARY</u> Passed Pre-Preliminary Free Skating Test. See 2012 Official U.S. Figure Skating Rulebook – Rules of Sport – Rule 4270</p>	1:30 Minutes <i>+/- 10 seconds</i> Full ice
<p><u>PRELIMINARY</u> Passed Preliminary Free Skating Test. No age limit. See 2012 Official U.S. Figure Skating Rulebook – Rules of Sport – Rule 4260</p>	1:30 Minutes <i>+/- 10 seconds</i> Full ice
<p><u>PRE-JUVENILE</u> Passed Pre-Juvenile Free Skating Test. See 2012 Official U.S. Figure Skating Rulebook – Rules of Sport – Rule 4250. May not be 14 years or older by closing date.</p>	2:00 Minutes <i>+/- 10 seconds</i> Full ice
<p><u>OPEN PRE-JUVENILE</u> Passed Pre-Juvenile Free Skating Test. See 2012 Official U.S. Figure Skating Rulebook – Rules of Sport – Rule 4250. Are 14 years or older by closing date.</p>	2:00 Minutes <i>+/- 10 seconds</i> Full ice
<p><u>JUVENILE</u> Passed Juvenile Free Skating Test. See 2012 Official U.S. Figure Skating Rulebook – Rules of Sport – Rule 4240. May not be 14 years or older by closing date.</p>	2:15 Minutes <i>+/- 10 seconds</i> Full ice
<p><u>OPEN JUVENILE</u> Passed Juvenile Free Skating Test. See 2012 Official U.S. Figure Skating Rulebook – Rules of Sport – Rule 4240. Are 14 years or older by closing date.</p>	2:15 Minutes <i>+/- 10 seconds</i> Full ice
<p><u>ADULT PRE BRONZE</u> Must have passed no higher than Adult Pre-Bronze FS test or Pre Pre FS test. See 2012 Official U.S. Figure Skating Rulebook – Rules of Sport -rule 4600.</p>	1:40 Minutes <i>+/- 10 seconds</i> Full ice
<p><u>ADULT BRONZE</u> Must have passed no higher than Adult Bronze free skate test or the preliminary FS test. See 2012 Official U.S. Figure Skating Rulebook – Rules of Sport -rule 4590.</p>	1:50 Minutes <i>+/- 10 seconds</i> Full ice



TWIN CITY FIGURE SKATING ASSOCIATION BASIC SKILLS COMPETITION SERIES

TCFSA BASIC SKILLS SERIES MISSION STATEMENT: The purpose of the Basic Skills Series is to promote an introductory competitive experience for the beginning TCFSA member skater allowing them to develop the USFS basic skills in an enjoyable environment. The Twin City Figure Skating Association (TCFSA) Basic Skills Competition Series is sponsored solely by TCFSA and is a United States Figure Skating approved Basic Skills Series. Competition announcements and entry forms will be posted on the official website of each participating competition. Basic Skills skaters are automatically registered and will have the opportunity to compete at 12 different local TCFSA member competitions to earn points for a final standing. Awards will be presented to the skaters with the highest point totals when they compete in at least 5 of the participating competitions. Skaters competing in more than 5 competitions will use their 5 highest placements. Point accumulation information will be available at www.tcfsa.org in the basic skills section. A traveling team trophy will be awarded to the TCFSA member club that accumulates the most points during the series season.

THE POINT SYSTEM: Each skater must be a member in good standing of a TCFSA member club or Basic Skills program. Each basic skills freestyle event in each of the series competitions will be eligible for accumulating points. The system for scoring points for the final standing will be as follows:

PLACE	POINTS
1	5
2	4
3	3
4	2

All competitors who place 5th place or lower will be awarded one participation point. Per the USFS basic skills webpage, if there is only one skater in the group, he or she will be awarded three points. Also, should a skater move up a level during the competition series season, their points will follow them to the next level. They will also be rewarded 2 bonus points for moving up ONE time throughout the series season. Participant standings will be posted on the TCFSA website after each competition. Skaters will be notified of their standings via e-mail throughout the season.

A list of participating competitions can be found on the TCFSA website under the basic skills icon.

ELIGIBILITY and RULES FOR PARTICIPANTS: The TCFSA basic skills series is open to ALL skaters who are current eligible members of either the Basic Skills Program or full members of U.S. Figure Skating through a TCFSA member club. Eligibility is based on the skill level as of the closing date of entries. All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at their highest level passed and MAY NOT have passed any US figure skating tests including Moves in the Field or Dance tests. Males and females may, or may not, be placed in the same group. The competitions in the basic skills series will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program. Basic skills levels included in the TCFSA series are Snowplow Sam, Basic 1 through Basic 8 and Free Skate 1 through Free Skate 6. Elements for each level will be included in the individual announcement for each competition

PARTICIPATING COMPETITIONS:

Competition	Host Club	Website	Month of Competition
Robin Lee Competition	FSC of Minneapolis	www.fscmpls.org	August 2011
Maplewood Fall Classic	Maplewood FSC	www.mfscskate.org	September 2011
Autumn Skate Festival	Burnsville MN Valley FSC	www.bmvfsc.org	November 2011
Granite City Classic	St. Cloud FSC	www.stcloudfsc.org	November 2011
Bend of the River Competition	Mankato FSC	www.mankatofsc.org	January 2012
Hiawathaland	Rochester FSC	www.rochesterfsc.org	February 2012
Skate in the Park	Three Rivers FSC	www.threeriversfsc.org	February 2012
Farmington Spring Festival	Tri-County FSC	www.tri-countyfsc.org	March 2012
Sunflower Classic	Lake Minnetonka FSC	www.lmfsc.org	March 2012
Rosebud Basic Skills	Roseville FSC	www.rosevillefsc.org	May 2012
June Bug Competition	St. Paul FSC	www.stpaulfsc.org	June 2012
McCandless Competition	Braemar City of Lakes FSC	www.braemarfsc.org	June 2012

- Competitions highlighted in yellow have not confirmed participation, however, are welcome to do so at any time.

