



School is back in Session

Wow! Where did the summer go? Here we are full speed ahead with fall, school, homework, activities, and of course skating!

We hope you enjoy our new Newsletter! We set out to inform, entertain and keep you and your families connected with all the news of the Three Rivers Figure Skating Club.

Over the summer 14 skaters tested and passed USFS test...congratulations! Several were in competitions across the metro area and are now sporting new trophies and medals. And, we came together as a club for the Osseo Parade and our first ever Steak Fry – both proving to be huge successes!

Grab your fav beverage and enjoy YOUR newsletter. Be sure and share your ideas and comments with us too!



this issue

Steak Fry and Parade Recap

Skaters Spotlight

Test Results and Up Next

Club News

Steak & Fish & Shrimp...oh my!

Steak Fry a big hit and raises funds for **New Harness!**

What a night! Dozens of skaters and family members volunteered during our first ever Steak Fry! Held at the Osseo Legion on September 16, 2011, club members served 299 dinners in just over four hours.

Throughout the night, skaters, families, coaches, friends and family (and several walk-ins) enjoyed dinners of steak, fish, shrimp and combo meals leaving satisfied and full!

"I need two mediums, a medium-well, and add some shrimp," was heard coming from the kitchen, as volunteers called out orders to our "Executive Chef" Ray Jarosik. Amongst all the action, Amy Blanchard and Ginny Nolting were counting out shrimp and cooking fish to order...yum!

Our prep area and runners then took over delivering meals. Several others greeted guests and gathered tickets, made coffee and stocked condiments, prepared buttered toast and cleared tables.

Craig Nelson, Marlo Chelberg and her daughters

became expert dishwashers by night's end, and all in all, everyone worked together and pitched in.

Along with the steak fry, a last-minute silent auction and raffle was put together and quickly brought in fun and donations for our club. Special thanks to Monte Hanson for the artwork, Velocity, Paustis & Sons Wine Company (Lori Nelson's sister Lisa), and Sports Cuts (Bob Chelberg) for the generous donations.

When the last table was cleared and the dishes stacked, skaters and volunteers sat down to recap the night and celebrate a job well done. The good news, enough funds were raised to reach our goal to purchase a new Ice Harness. In fact, we raised enough to purchase two! These have already been ordered and you will see them soon at the Brooklyn Park rink.

ABOUT THE HARNESS

The new harnesses – one off-ice and one on-ice, will assist skaters in **developing their jumping technique**, whether it's a single, Axel, or double. Enjoy learning those jumps in your new harnesses.

FUNDRAISING

Our profits for the night...over \$1900! (includes dinner, silent auction and raffle). *What a night!*



COACHES CORNER

Our coaches can help your skater reach their full potential. Below is a list of the TRFSC Home Club Staff Professionals.

Cassie Joyce
cm_joyce@yahoo.com

Nancy Reitan
fancysk8r@yahoo.com

Mandy Pirich
maapirich@gmail.com

Patti Itzin
Patti@itzin.com

Lisa Anderson
lisa@andersonskating.com

Gretchen Wolf
skatingcoachgretchen@gmail.com

Meet our newest coach...

Gretchen Wolf

Gretchen was a figure skater for 15 years, skating on the nationally-ranked Novice and Senior levels of the Minneapplettes (now Synchro Panache) teams in the 1990s. She received her degree in Japanese from Macalester College and her J.D. from Hamline University School of Law, living in Tokyo, Japan for 1 year and San Francisco, CA for 3 years. She previously coached at the San Mateo Ice Center in San Mateo, CA. Gretchen is a PSA ranked coach, a USFSA coach member, and a certified gold-level ISI skating judge. During non-coaching time, Gretchen is an estate planning attorney in Brooklyn Park!



Club members took to the streets of Osseo, wearing TRFSC t-shirts and tossing out candy as they participated in the Osseo Lions Roar Parade. Among the bands, cheerleaders, floats, unicycles, cool cars, and more, the group headed down 3rd street to Central Ave, ending at Osseo High School with empty candy bags!!

The weather was beautiful (even a little hot for September), we spotted friends and family along the way, handed out hundreds of skittles, advertised our Steak Fry, and answered questions about our club to those lined up on the

Osseo Parade FUN FOR ALL

TRFSC Members participate in Osseo Lions Roar Parade

street to watch and enjoy. Serious fun! As a bonus, some stayed afterwards to watch the remaining parade grabbing their share of candy, icees, and more.

Our special thanks to Craig Nelson for driving our lead car, to Connie Mattson and Jenna Schulte for working at our Steak Fry information table, and to Mary, Marlo, Sara and Karen – our parents who walked along. And, a big thanks to Alicja Nelson for coordinating the events of the day.

See you next year!



In this picture:

Abby Jo Walters, Elaine Donahue, Sheridan Chelberg, Eliza Lister, Samantha Benson, Cayli Fischbach, Eve and Faith Hanson (and friend), Natalie Nelson (and friend), Jenna Schulte and Grace Davis

Have fun... get involved

Volunteer Opportunities

From our Ice Show, Competition, banquet and fundraising events, you have a wide-variety of opportunities to showcase your talents, meet great parents, try something new, and make a difference in your child's skating related experiences. Want to be more involved? Contact a board member today to learn more about Brooklyn Park volunteer opportunities.

Fundraising

Six things you need to know about TRFSC fundraising

1. It's FUN and brings skaters and families together
2. Skaters raise funds to offset ice costs.
3. Raise money for cool stuff such as our new Ice Harness
4. Supplements contract ice costs (and keeps a variety of ice session times available)
5. Covers administrative costs, awards, banquet and other items, not funded by the skater.
6. Where else can you get awesome Butter Braids, Heggies Pizza and cookie dough all in one place!



Meet Jessica & Lauren Jarosik

The Jarosik sisters enjoy skating, music and more

As the older sister, Jessica was first on the ice, starting her skating career back in 2002, when she was four years old. On ice, she has been in five Maple Grove Ice Shows, loves being graceful, and skates with Mandy Pirich as her coach. One of her favorite skating memories was earning a first place standing in her first competition! Off the ice, Jessica is busy with violin and

piano lessons. She is a 7th grader at Osseo Junior High, loves Italian food, her favorite movie is "Revenge of the Bridesmaids" and her fav song is "Boyfriend" by Big Time Rush.

Younger sister, Lauren started skating at three (2005) and has participated in the past four Maple Grove Ice Shows. She is also coached by Mandy Pirich. When asked what she likes about

skating, she said, "everything," naming the Duluth competition as a favorite memory. Off the ice, Lauren is busy playing the drums and attends Rice Lake Elementary School. Her favorite movie is "Lion King," loves the song "Monster" by Skillet and mentioned chicken as her favorite food.

Jessica and Lauren – see you at the rink and SK8GR8!



HIGHLIGHT: Basic Skills Series

Q: What is the TCFSA Basic Skills Series?

A: The Basic Skills Series promotes an introductory competitive experience for beginning TCFSA skaters allowing them to develop the USFS basic skills in an enjoyable environment. The Twin City Figure Skating Association (TCFSA) Basic Skills Competition Series is sponsored solely by TCFSA and is a United States Figure Skating approved Basic Skills Series. Competition announcements and entry forms are posted on the website of each

participating competition and Basic Skills skaters are registered automatically. Skaters earn points as they compete. And awards are presented to the skaters with the highest point totals when they compete in at least five participating competitions. Point accumulation information and additional details are posted at www.tcfsa.org in the basic skills section. A traveling team trophy will be awarded to the TCFSA member club that accumulates the most points during the series season.

TEST PASSED

Congratulations to members passing USFA test over summer 2011

Hannah B. Juv. Free
 Briana C.-Pre Prelim Free
 Allison G.-Prelim Moves & Pre Prelim Free
 Annie K.-Pre Prelim Free
 Lauren J.-Prelim Moves
 Sarah K.-Prejuv. Moves
 Samantha L.-Juv. Moves
 Elizabeth M.-Prelim Free Skate
 Emily M.-Prelim Moves and Pre Prelim Free
 Cassie N.-Novice Moves
 Emily N.-Intermed. Moves
 Sophie S.-Prelim Moves & Pre Free
 Abby Jo W.-Prejuv. Free

SENIOR MOVES TEST PASSED!

Special Congrats to Korie M. on passing her Senior Moves!



See all the latest TRFSC news...

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Looking for your talent!

The following TRFSC opportunities are available. If you are interested in helping out contact a board member today.

- ▶ Volunteer Chairperson
- ▶ Fundraising Chair & committee members
- ▶ Banquet Chairperson
- ▶ Ice Monitors

EARN VOLUNTEER HOURS

TRFSC BOARD MEMBERS

JULIE Schulte, President
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MIKE Itzin, Vice President
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ALICJA Nelson, Treasurer
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A role of the TRFSC Board of Director's is to balance keeping a variety of ice sessions available to the skaters and coaches while maintaining fiscal responsibility.



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Brooklyn Park, MN
www.threeriversfsc.org

Upcoming Events...Dates...and more!

• Skate in the Park

Mark your calendars for the 7th annual Skate in the Park Competition hosted by TRFSC on February 26, 2012. From skaters to spectators or volunteering this is a great event to be a part of.

• Annual Ice Show

Mark your calendars for April 13 & 14, 2012 for the Brooklyn Park annual ice show. Over at Maple Grove skaters will take to the ice on April 21, 2012 for their show.

• Membership Banquet: May 3, 2012

• Competitions

- ▶ 2012 Upper Great Lakes Regional Figure Skating Championships, Richfield, MN, October 14-18, 2011
- ▶ 2011 Autumn Skate Fest, Burnsville, MN, November 5-6, 2011
- ▶ 2011 Granite City Classic, St. Cloud, MN, November 10-13, 2011
- ▶ 2012 Northland Competition, Duluth, MN, January 26-29, 2012
- ▶ **2012 Skate in the Park, Brooklyn Park, MN, February 26, 2012**



COMING SOON: TRFSC Merchandise...just in time for holiday giving (and receiving!)

More information to come. **Show your TRFSC Pride!**

THREE RIVERS FIGURE SKATING CLUB

About: Three Rivers Figure Skating Club is dedicated to teaching, promoting and showcasing the art of figure skating. TRFSC is a member of US Figure Skating.

Membership: From Maple Grove, Brooklyn Park, Champlin, Fridley, Andover and more, TRFSC currently has **133 Active Members**

Get the Facts: TRFSC is a 501 (c) (3) Organization and relies heavily on the membership for funding.

Adding new members and maximizing ice sessions add to our success. TRFSC currently offers 28 ice sessions in Brooklyn Park and when at capacity, the sessions have room for up to 23 skaters. The graph illustrates our current status on contract ice and shows we have room for more skaters.

Next month: see how your funds are put to use.

